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American Anthem

Table Set



Featuring fabrics from the **American Anthem** collection from **STUDIO·e·fabrics**

Fabric Requirements

(A) 3171-07	½ yard	(I) 3176-88	1 yard*
(B) 3174-07	⅛ yard	(J) 3172-07	½ yard
(C) 3173-07	⅓ yard	(K) 3175-88	⅛ yard
(D) 3176-77	⅔ yard	(L) 3172-88	½ yard
(E) 3173-88	⅝ yard	Backing	
(F) 3170-07	⅞ yard	3170-77	3 ¼ yards
(G) 3173-77	¼ yard		
(H) 3172-77	1 ⅞ yards		

* Includes Binding

Additional Supplies Needed

Batting: 72" x 30", (4) 18" x 22"
 Piecing & sewing thread
 Quilting & sewing supplies

Quilts designed by: Heidi Pridemore

Finished Runner Size: 64" x 22"
 Finished Place Mat Size: 18" x 14"

Cutting

Blue Color Way - Cutting Instructions

Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage edge.

WOF= Width of Fabric • LOF = Length of Fabric

Fabric A (3171-07 Americana Stripe – White), cut:

Runner

- (2) 6 ½" x WOF strips, sub-cut (5) 6 ½" x 12 ½" strips.

Fabric B (3174-07 Home of the Brave – White), cut:

Runner

- (1) 3 ½" x WOF strip, sub-cut (5) 3 ½" squares.

Place Mats

- (1) 3 ½" x WOF strip, sub-cut (4) 3 ½" squares.

Fabric C (3173-07 Star Circles – White), cut:

Runner

- (2) 2" x WOF strips, sub-cut (40) 2" squares.

Place Mats

- (2) 2" x WOF strips, sub-cut (32) 2" squares.

Fabric D (3176-77 Texture – Dark Blue), cut:

Runner

- (2) 2" x WOF strips, sub-cut the strips into (20) 2" x 3 ½" strips.
- (1) 2" x WOF strip, sub-cut (20) 2" squares.

Place Mats

- (2) 2" x WOF strips, sub-cut the strips into (16) 2" x 3 ½" strips.
- (1) 2" x WOF strip, sub-cut (16) 2" squares.
- (2) 1 ½" x WOF strips, sub-cut (8) 1 ½" x 10 ½" strips.
- (4) 1 ½" x WOF strips, sub-cut (8) 1 ½" x 16 ½" strips.

Fabric E (3173-88 Star Circles – Red), cut:

Runner

- (4) 3 ½" x WOF strips, sub-cut (40) 3 ½" squares.

Place Mats

- (1) 2 ½" x WOF strips, sub-cut the strips into (4) 2 ½" x 8 ½" strips.

Fabric F (3170-07 Star Swirl – White), cut:

Runner

- (2) 6 ½" x WOF strips, sub-cut (20) 3 ½" x 6 ½" strips.
- (1) 3 ⅞" x WOF strip, sub-cut (10) 3 ⅞" squares.

Place Mats

- (3) 1 ½" x WOF strips, sub-cut (8) 1 ½" x 12 ½" strips.
- (4) 1 ½" x WOF strips, sub-cut (8) 1 ½" x 18 ½" strips.

Fabric G (3173-77 Star Circles – Blue), cut:

Runner

- (1) 3 ⅞" x WOF strip, sub-cut (10) 3 ⅞" squares.

Fabric H (3172-77 Fifty States – Blue), cut:

Runner

- (1) 2 ½" x 64 ½" LOF strip.
- (2) 2 ½" x 18 ½" LOF strips.

Cutting - Cont.

Fabric I (3176-88 Texture – Red), cut:

Runner

- (5) 2 ½" x WOF strips for the binding.

Place Mats

- (8) 2 ½" x WOF strips for the binding.

Fabric J (3172-07 Fifty States – White), cut:

Place Mats

- (1) 14 ½" x WOF strip, sub-cut (4) 2 ½" x 14 ½" strips and (4) 2 ½" x 8 ½" strips.

Fabric K (3175-88 Gingham Star – Red), cut:

Place Mats

- (7) 2 ½" x WOF strip, sub-cut (4) 2 ½" x 8 ½" strips.

Fabric L (3172-88 Fifty States – Red), cut:

Place Mats

- (1) 14 ½" x WOF strip, sub-cut (4) 2 ½" x 14 ½" strips.

Backing (3170-77 Star Swirl – Blue), cut:

Runner

- (1) 30" x 72" strip for the back.

Place Mats

- (2) 22" x WOF strips, sub-cut (4) 18" x 22" strips for the backs.

Sewing

Sew using a ¼" seam allowance with right sides together (RST) unless otherwise indicated. Always press towards the darker fabric while assembling, unless otherwise noted by the arrows.

Runner Block Assembly

1. Place (1) 3 ½" Fabric E square on the left side of (1) 3 ½" x 6 ½" Fabric F strip, right sides together (Fig. 1). Sew across the diagonal of the square from the upper right corner to the lower left corner (Fig. 1). Flip open the triangle formed and press (Fig. 2). Trim away the excess fabric from behind the triangle, leaving a ¼" seam allowance.

2. Place another 3 ½" Fabric E square on the right side of the 3 ½" x 6 ½" Fabric F strip, right sides together (Fig. 3). Sew across the diagonal of the square from the upper left corner to the lower right corner (Fig. 3). Flip open the triangle formed and press (Fig. 4). Trim away the excess fabric from behind the triangle, leaving a ¼" seam allowance to make (1) EFE unit.



Fig. 1

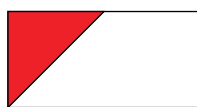


Fig. 2

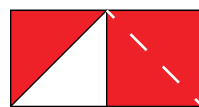


Fig. 3

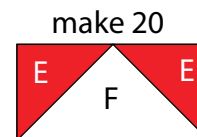


Fig. 4

3. Repeat Steps 1-2 to make (20) EFE units total.

4. Repeat Steps 1-2 using (20) 2" x 3 ½" Fabric D strips and (40) 2" Fabric C squares to make (20) CDC units (Fig. 5).

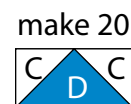


Fig. 5

5. Place (1) 3 7/8" Fabric F square on top of (1) 3 7/8" Fabric G square, right sides together. Draw a line across the diagonal of the top square (Fig. 6). Sew 1/4" away from each side of the drawn diagonal line (Fig. 6). Cut the two squares apart on the drawn diagonal line (Fig. 7) to make (2) GF units (Fig. 8). Trim the GF units to measure 3 1/2" square. Repeat to make (20) GF units total.

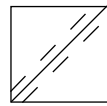


Fig. 6

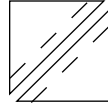


Fig. 7

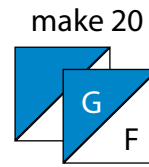


Fig. 8

6. Sew (1) CDC unit to each side of (1) 3 1/2" Fabric B square. Sew (1) 2" Fabric D square to each end of (1) CDC unit. Repeat to make a second strip. Sew the strips to the top and to the bottom of the Fabric B square to make (1) B-block (Fig. 9). Repeat to make (5) B-blocks total.

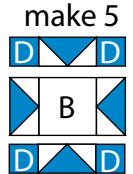


Fig. 9

7. Sew (1) EFE unit to each side of (1) B-block. Sew (1) GF unit to each end of (1) EFE unit. Repeat to make a second strip. Sew the strips to the top and to the bottom of the B-block to make (1) Star Block (Fig. 10). Rotate the center star so when the runner is on the table, the words can be read from each side of the table. Repeat to make (5) Star Blocks total.

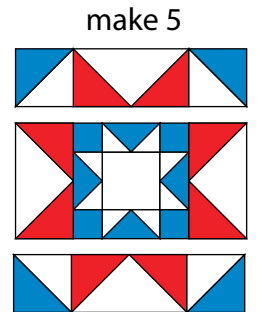


Fig. 10

Runner Top Assembly

(Follow Figure 12 while assembling the runner top.)

8. Following the layout, sew (1) 6 1/2" x 12 1/2" Fabric A strip to the top or the bottom of the (5) Star Blocks (Fig. 11). (Remember to position so that the words can be read from each side.)

9. Sew the (5) Star Blocks together to make the runner top.

10. Sew (1) 2 1/2" x 18 1/2" Fabric H strip to each side of the runner top. Sew (1) 2 1/2" x 64 1/2" Fabric H strip to the top and to the bottom of the runner top.

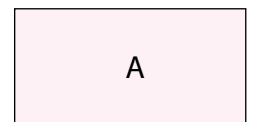
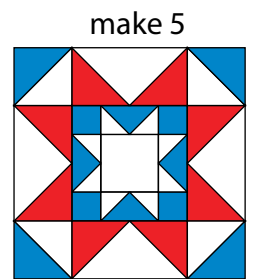


Fig. 11

Runner Layering, Quilting and Finishing

11. Press the runner top and 72" x 30" backing well. Layer backing (wrong side up), batting, pressed quilt top (right side up) and baste. Quilt as desired and trim excess batting and backing when quilting is complete.

Runner Binding

12. Cut the ends of the (5) Fabric I binding strips at a 45-degree angle and sew end to end to make (1) continuous piece of binding. Fold in half lengthwise and press wrong sides together.

13. Sew the binding to the front of the quilt, raw edges together. Turn the folded edge to the back, and hand stitch in place.

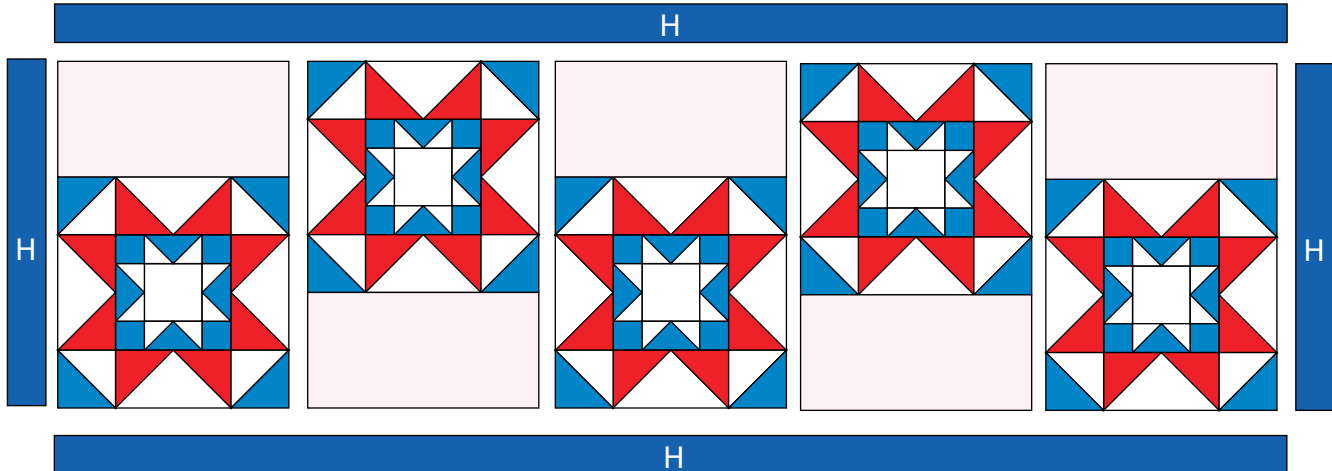


Fig. 12

Place Mat Block Assembly (Makes 4 Place Mats)

14. Place (1) 2" Fabric C square on the left side of (1) 2" x 3 1/2" Fabric D strip, right sides together (Fig. 13). Sew across the diagonal of the square from the upper right corner to the lower left corner (Fig. 13). Flip open the triangle formed and press (Fig. 14). Trim away the excess fabric from behind the triangle, leaving a 1/4" seam allowance.

15. Place another 2" Fabric C square on the right side of the 2" x 3 1/2" Fabric D strip, right sides together (Fig. 15). Sew across the diagonal of the square from the upper left corner to the lower right corner (Fig. 15). Flip open the triangle formed and press (Fig. 16). Trim away the excess fabric from behind the triangle, leaving a 1/4" seam allowance to make (1) CDC unit.

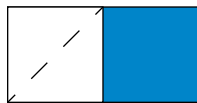


Fig. 13

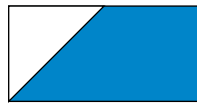


Fig. 14

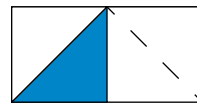


Fig. 15

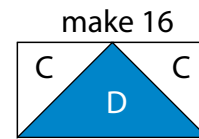


Fig. 16

16. Repeat Steps 14-15 to make (16) CDC units total.

17. Sew (1) CDC unit to each side of (1) 3 1/2" Fabric B square. Sew (1) 2" Fabric D square to each end of (1) CDC unit. Repeat to make a second strip. Sew the strips to the top and to the bottom of the Fabric B square to make (1) B-block (Fig. 17). Repeat to make (4) B-blocks total.

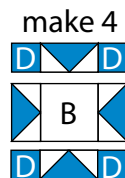


Fig. 17

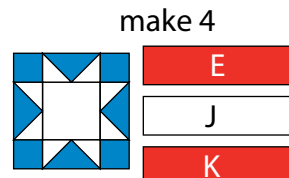


Fig. 18

18. Sew (1) 2 1/2" x 8 1/2" Fabric E strip, (1) 2 1/2" x 8 1/2" Fabric J strip and (1) 2 1/2" x 8 1/2" Fabric K strip together, in that order, lengthwise to make (1) EJK strip. Repeat to make (4) EJK strips total. Sew the EJK strips to the right sides of the B-blocks (Fig. 18).

19. Sew (1) 2 ½" x 14 ½" Fabric J strip to the bottom of the B-block. Sew (1) 2 ½" x 14 ½" Fabric L strip to the bottom of the Fabric J strip to make (1) Flag Block (Fig. 19). Repeat to make (4) Flag Blocks total.

20. Sew (1) 1 ½" x 10 ½" Fabric D strip to each side of the Flag Block. Sew (1) 1 ½" x 16 ½" Fabric D strip to the top and to the bottom of the Flag Block (Fig. 20).

21. Sew (1) 1 ½" x 12 ½" Fabric F strip to each side of the Flag Block. Sew (1) 1 ½" x 18 ½" Fabric F strip to the top and to the bottom of the Flag Block to make (1) Place Mat top (Fig. 21).

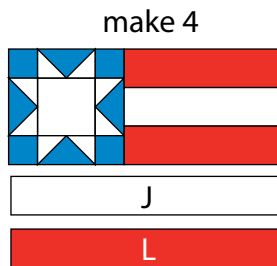


Fig. 19

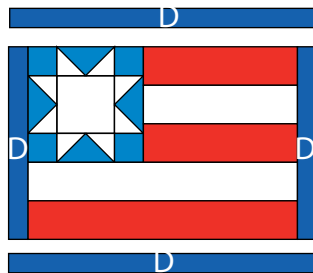


Fig. 20

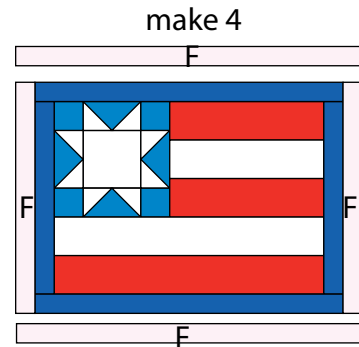


Fig. 21

22. Repeat Steps 20-21 to make (4) Place Mat tops total.

Place Mat Layering, Quilting and Finishing

23. Press the place mat tops and the 22" x 18" backings well. Layer backing (wrong side up), batting, pressed quilt top (right side up) and baste. Quilt as desired and trim excess batting and backing when quilting is complete.

Place Mat Binding

24. Cut the ends of the (8) Fabric I binding strips at a 45-degree angle and sew end to end to make (1) continuous piece of binding. Divide the strip into (4) even lengths. Fold these strips in half lengthwise and press wrong sides together.

25. Sew the bindings to the front of the place mat tops, raw edges together. Turn the folded edge to the back, and hand stitch in place.