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••••• A Free Project Sheet •••••  
••••• NOT FOR RESALE •••••  
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# Coffee Break

QUILT 1



Featuring fabrics from the **Coffee Break** collection by **Alexa Kate Design** for **STUDIO·e·fabrics**

## Fabric Requirements

(A) 4440-44 .....	2/3 yard	(I) 4441-88 .....	1/4 yard
(B) 4446-55 .....	1/2 yard	(J) 4447-44 .....	1 1/4 yards
(C) 4442-11 .....	1/8 yard	(K) 4444-11 .....	1/4 yard
(D) 4444-44 .....	1/4 yard	Backing	
(E) 4441-77 .....	5/8 yard*	4443-44 .....	3 yards
(F) 4445-33 .....	3/8 yard		
(G) 4442-44 .....	1/2 yard		
(H) 4441-44 .....	1/8 yard		

\* Includes Binding

## Additional Supplies Needed

Batting 54" x 54" (Recommended:  
Air Lite® Colour Me 100% Cotton)  
Piecing and sewing thread  
Quilting and sewing supplies  
Quilt designed by Heidi Pridemore  
Finished Quilt Size 46" x 46"  
Skill Level: Advanced Beginner

## Fabrics in the Collection



Block Print - Multi  
4440-44



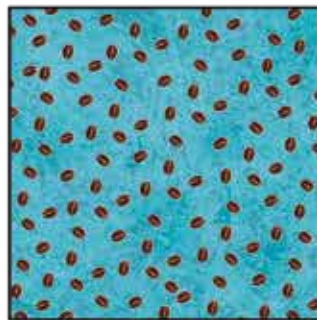
Swirl Texture - Gold  
4441-44



Swirl Texture - Blue  
4441-77



Swirl Texture - Red  
4441-88



Coffee Beans - Blue  
4442-11



Coffee Beans - Beige  
4442-44



Floral Texture - Beige  
4443-44



Coffee Cups - Blue  
4444-11



Coffee Cups - Beige  
4444-44



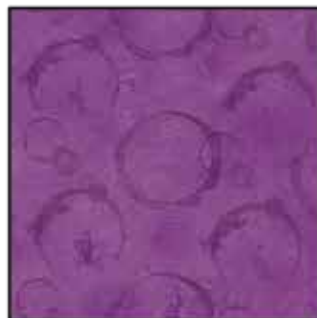
Coffee Words - Brown  
4445-33



Coffee Words - Beige  
4445-44



Coffee Rings - Brown  
4446-33



Coffee Rings - Purple  
4446-55



Novelty Stripe - Multi  
4447-44



Select Fabric from  
Just Color!

Brown  
1351-Brown

## Cutting

### Cutting Instructions

*Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.*

WOF= Width of Fabric • LOF = Length of Fabric

#### **Fabric A (4440-44 Block Print – Multi):**

- Fussy cut (5) 11" squares each centered on a block.

#### **Fabric B (4446-55 Coffee Ring – Purple), cut:**

- (4) 2" x WOF strips, sub-cut (10) 2" x 11" strips.
- (4) 2" x WOF strips, sub-cut (10) 2" x 14" strips.

#### **Fabric C (4442-11 Coffee Beans – Blue), cut:**

- (1) 2" x WOF strip, sub-cut (20) 2" squares.

#### **Fabric D (4444-44 Coffee Cups – Beige), cut:**

- (1) 4 ½" x WOF strip, sub-cut (4) 4 ½" squares.

#### **Fabric E (4441-77 Swirl Texture – Blue), cut:**

- (1) 1 ½" x WOF strip, sub-cut (8) 1 ½" x 4 ½" strips.
- (2) 1 ½" x WOF strips, sub-cut (8) 1 ½" x 6 ½" strips.
- (5) 2 ½" x WOF strips for the binding.

#### **Fabric F (4445-33 Coffee Words – Brown), cut:**

- (3) 2" x WOF strips, sub-cut (16) 2" x 6 ½" strips.
- (1) 2" x WOF strip, sub-cut (16) 2" squares.

#### **Fabric G (4442-44 Coffee Beans – Beige), cut:**

- (2) 3 ½" x WOF strips, sub-cut (16) 3 ½" squares.
- (3) 2" x WOF strips, sub-cut (16) 2" x 6 ½" strips.

#### **Fabric H (4441-44 Swirl Texture – Gold), cut:**

- (1) 2" x WOF strip, sub-cut (16) 2" squares.

#### **Fabric I (4441-88 Swirl Texture – Red), cut:**

- (2) 1 ½" x 38 ½" WOF strips.
- (2) 1 ½" x 36 ½" WOF strips.

#### **Fabric J (4447-44 Novelty Stripe – Multi), cut:**

- (4) 4 ½" x 38 ½" LOF strips.

#### **Fabric K (4444-11 Coffee Cups – Blue), cut:**

- (1) 4 ½" x WOF strip, sub-cut (4) 4 ½" squares.

#### **Backing (4443-44 Floral Texture – Beige), cut:**

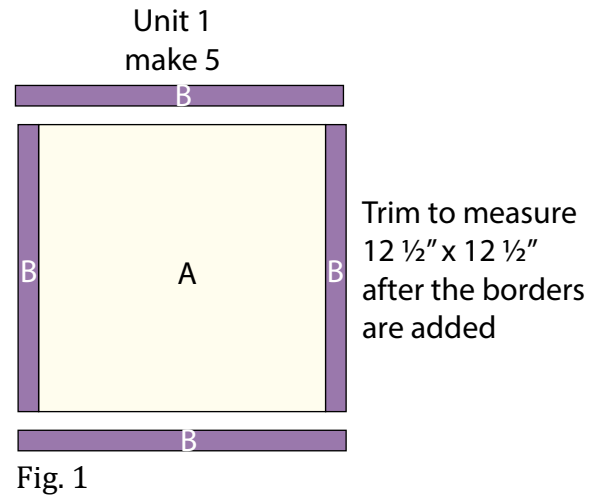
- (2) 54" x WOF strips. Sew the strips together and trim to 54" x 54" to make the back.

## Sewing

Sew using a  $\frac{1}{4}$ " seam allowance with right sides together (RST) unless otherwise indicated. Always press towards the darker fabric while assembling, unless otherwise noted by the arrows.

### Block Assembly

1. Sew (1) 2" x 11" Fabric B strip to each side of (1) 11" Fabric A square. Sew (1) 2" x 14" Fabric B strip to the top and to the bottom of the Fabric A square to make (1) Unit 1 square (Fig. 1). Trim block to measure  $12\frac{1}{2}$ " x  $12\frac{1}{2}$ " square. Repeat to make (5) Unit 1 squares total.



2. Place (1) 2" Fabric C square on the top left corner of (1) Unit 1 square, right sides together (Fig. 2). Sew across the diagonal of the smaller square from the upper right corner to the lower left corner (Fig. 2). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle  $\frac{1}{4}$ " away from the sewn seam (Fig. 3).

3. Follow Figure 4 for the seam direction to add a 2" Fabric C square to each of the remaining corners of the Unit 1 square to make (1) Block One square (Fig. 5). Repeat to make (5) Block One squares total.

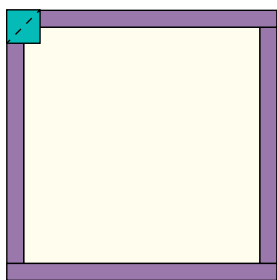


Fig. 2

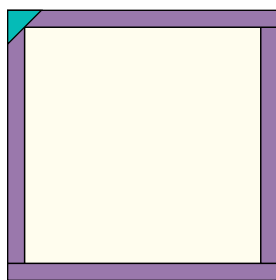


Fig. 3

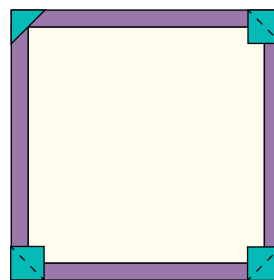


Fig. 4

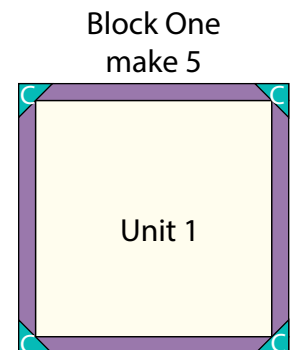
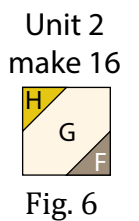


Fig. 5

4. Place (1) 2" Fabric H square on the top left corner of (1)  $3\frac{1}{2}$ " Fabric G square, right sides together. Sew across the diagonal of the smaller square from the upper right corner to the lower left corner. Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle  $\frac{1}{4}$ " away from the sewn seam. Add (1) 2" Fabric F square to the bottom right corner of the Fabric G square, right sides together. Sew across the diagonal of the smaller square from the upper right corner to the lower left corner. Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle  $\frac{1}{4}$ " away from the sewn seam to make (1) Unit 2 square (Fig. 6). Repeat to make (16) Unit 2 squares total.



5. Sew (1) 1 ½" x 4 ½" Fabric E strip to each side of (1) 4 ½" Fabric D square. Sew (1) 1 ½" x 6 ½" Fabric E strip to the top and to the bottom of the Fabric D square to make (1) Unit 3 square (Fig. 7). Repeat to make (4) Unit 3 squares total.

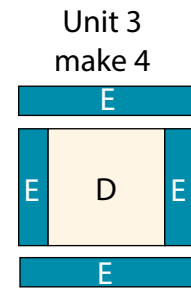


Fig. 7

6. Sew (1) 2" x 6 ½" Fabric G strip to the top of (1) 2" x 6 ½" Fabric F strip to make (1) Unit 4 strip (Fig. 8). Repeat to make (16) Unit 4 strips total.

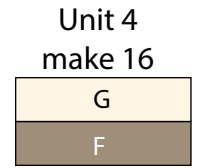


Fig. 8

7. Sew (1) Unit 4 strip to each side of (1) Unit 3 square, paying attention to the unit orientations. Sew (1) Unit 2 square to each side of (1) Unit 4 strip to make (1) unit strip, paying attention to the unit orientations. Repeat to make a second unit strip. Sew (1) unit strip to the top and the bottom of the Unit 3 square to make (1) Block Two square (Fig. 9). Repeat to make (4) Block Two squares total.

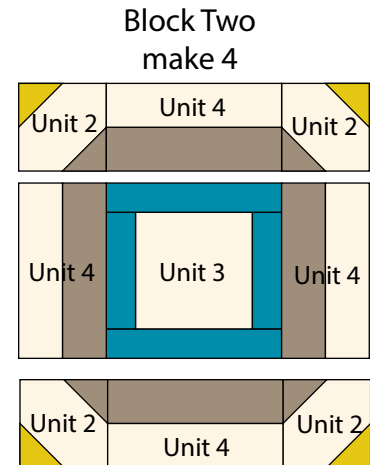


Fig. 9

## Quilt Top Assembly

*(Follow the Quilt Layout while assembling the quilt top.)*

8. Sew (2) Block One squares and (1) Block Two square, alternating them, to make Row One. Repeat to make Row Three.

9. Sew (2) Block Two squares and (1) Block One square, alternating them, to make Row Two.

10. Sew the rows together in numerical order to make the Center Block.

11. Sew (1) 1 ½" x 36 ½" Fabric I strip to each side of the Center Block. Sew (1) 1 ½" x 38 ½" Fabric I strip to the top and to the bottom of the Center Block.

12. Sew (1) 4 ½" x 38 ½" Fabric J strip to each side of the Center Block. Sew (1) 4 ½" Fabric K square to each end of (1) 4 ½" x 38 ½" Fabric J strip to make (1) Top Border. Repeat to make (1) Bottom Border. Sew the borders to the top and to the bottom of the Center Block to make the quilt top.

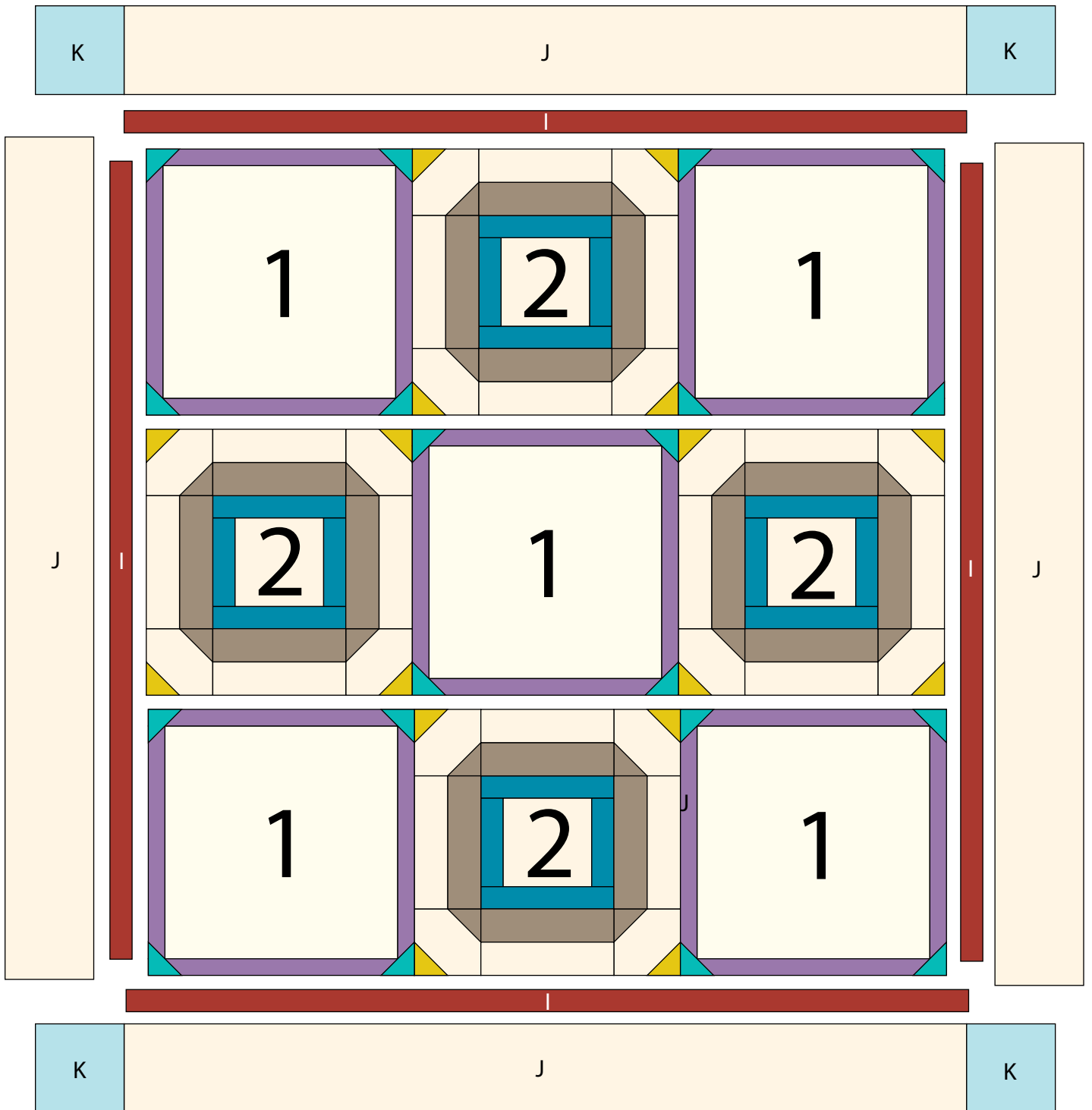
## Layering, Quilting and Finishing

13. Press the quilt top and 54" x 54" backing well. Layer backing (wrong side up), batting, pressed quilt top (right side up) and baste. Quilt as desired and trim excess batting and backing when quilting is complete.

## Binding

14. Cut the ends of the (5) Fabric E binding strips at a 45-degree angle and sew end to end to make (1) continuous piece of binding. Fold in half lengthwise and press wrong sides together.

15. Sew the binding to the front of the quilt, raw edges together. Turn the folded edge to the back, and hand stitch in place.



Quilt Layout

Every effort has been made to ensure that all projects are error free. All the information is presented in good faith, however no warranty can be given nor results guaranteed as we have no control over the execution of instructions. Therefore, we assume no responsibility for the use of this information or damages that may occur as a result. When errors are brought to our attention, we make every effort to correct and post a revision as soon as possible. Please make sure to check [www.studioefabrics.com](http://www.studioefabrics.com) for pattern updates prior to starting the project. We also recommend that you test the project prior to cutting for kits. Finally, all free projects are intended to remain free to you and are **not for resale**.