



www.studioefabrics.com

# Dear Heart

QUILT 1



Featuring fabrics from the **Dear Heart** collection from 

## Fabric Requirements

(A) 3592-08 .....	1/3 yard	(G) 3595-88 .....	5/8 yard
(B) 3593-88 .....	1 2/3 yards*	(H) 3595-22 .....	1/2 yard
(C) 3591-28 .....	1 1/8 yards	(I) 3588-02 .....	2 yards
(D) 3590-90 .....	5/8 yard	Backing	
(E) 3595-90 .....	1/2 yard	3589-02 .....	4 yards
(F) 3594-02 .....	1 1/2 yards		

\* Includes Binding

## Additional Supplies Needed

Batting 72" x 84"  
Piecing and sewing thread  
Quilting and sewing supplies

Quilt designed by Heidi Pridemore  
Finished Quilt Size 64" x 76"  
Skill Level: Intermediate

## Cutting

### Cutting Instructions

*Please note: All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.*

WOF= Width of Fabric • LOF = Length of Fabric

#### **Fabric A (3592-08 Lady Bugs – White/Red), cut:**

- (2) 4 ½" x WOF strips, sub-cut (10) 4 ½" squares.

#### **Fabric B (3593-88 Arrows – Red), cut:**

- (2) 5 ¼" x WOF strips, sub-cut (10) 5 ¼" squares. Cut the squares across both diagonals to make (40) triangles.
- (2) 2 ⅞" x WOF strips, sub-cut (20) 2 ⅞" squares.
- (2) 2 ½" x WOF strips, sub-cut (30) 2 ½" squares.
- (4) 2 ½" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 2 ½" x 62 ½" strips.
- (3) 2 ½" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 2 ½" x 54 ½" strips.
- (7) 2 ½" x WOF strips for the binding.

#### **Fabric C (3591-28 Sentiments – Pink/Red), cut:**

- (2) 5 ¼" x WOF strips, sub-cut (10) 5 ¼" squares. Cut the squares across both diagonals to make (40) triangles.
- (1) 2 ⅞" x WOF strip, sub-cut (5) 2 ⅞" squares.
- (3) 2 ½" x WOF strips, sub-cut (40) 2 ½" squares.
- (4) 1 ½" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 1 ½" x 60 ½" strips.
- (3) 1 ½" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 1 ½" x 50 ½" strips.

#### **Fabric D (3590-90 Diamond Hearts – Gray), cut:**

- (3) 5 ¼" x WOF strips, sub-cut (20) 5 ¼" squares. Cut the squares across both diagonals to make (80) triangles.

#### **Fabric E (3595-90 Polka Dot – Gray), cut:**

- (3) 4 ⅞" x WOF strips, sub-cut (20) 4 ⅞" squares.

#### **Fabric F (3594-02 Newsprint Hearts – White/Pink), cut:**

- (3) 4 ⅞" x WOF strips, sub-cut (20) 4 ⅞" squares.
- (4) 2 ⅞" x WOF strips, sub-cut (50) 2 ⅞" squares.
- (4) 2 ½" x WOF strips, sub-cut (60) 2 ½" squares.
- (7) 1 ½" x WOF strips, sub-cut (20) 1 ½" x 12 ½" strips.

#### **Fabric G (3595-88 Polka Dot – Red), cut:**

- (1) 2 ⅞" x WOF strip, sub-cut (5) 2 ⅞" squares.
- (4) 2" x WOF strips, sub-cut (80) 2" squares.
- (3) 2 ½" x WOF strips, sub-cut (40) 2 ½" squares.

#### **Fabric H (3595-22 Polka Dot – Pink), cut:**

- (2) 2 ⅞" x WOF strips, sub-cut (20) 2 ⅞" squares.
- (2) 2 ½" x WOF strips, sub-cut (30) 2 ½" squares.

#### **Fabric I (3588-02 Balloon Hearts – White/Pink), cut:**

- (2) 5 ½" x 66 ½" LOF strips.
- (2) 5 ½" x 64 ½" WOF strips from the remaining fabric, piece as needed.

#### **Backing (3589-02 Rickrack Plaid – White/Pink), cut:**

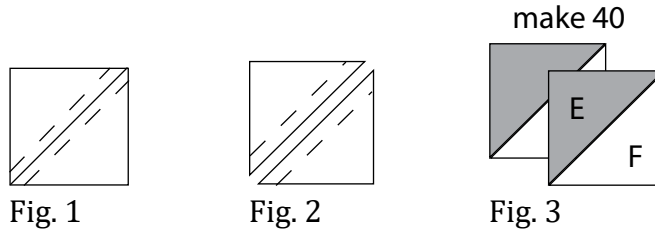
- (2) 72" x WOF strips. Sew the strips together and trim to 72" x 84" for the back.

## Sewing

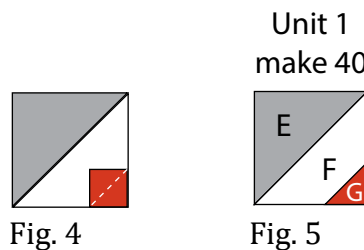
Sew using a  $\frac{1}{4}$ " seam allowance with right sides together (RST) unless otherwise indicated. Always press towards the darker fabric while assembling, unless otherwise noted by the arrows.

### Block Assembly

1. Place (1)  $4\frac{7}{8}$ " Fabric F square on top of (1)  $4\frac{7}{8}$ " Fabric E square, right sides together. Draw a line across the diagonal of the top square (Fig. 1). Sew  $\frac{1}{4}$ " away from each side of the drawn diagonal line (Fig. 1). Cut the (2) squares apart on the drawn diagonal line (Fig. 2) to make (2) EF units (Fig. 3). Trim the EF units to measure  $4\frac{1}{2}$ " square. Repeat to make (40) EF units total.



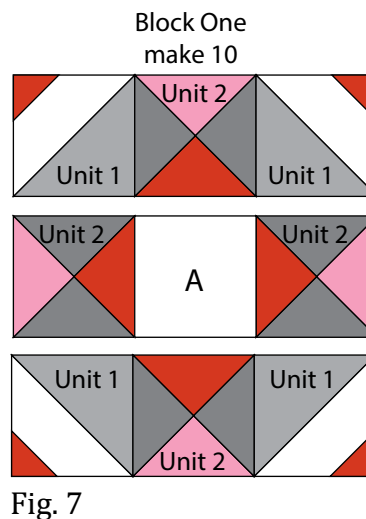
2. Place (1) 2" Fabric G square on the bottom right corner of (1) EF unit, right sides together (Fig. 4). Sew across the diagonal of the smaller square from the upper right corner to the lower left corner (Fig. 4). Flip open the triangle formed and press (Fig. 5). Trim away the excess fabric from behind the triangle  $\frac{1}{4}$ " away from the sewn seam to make (1) Unit 1. Repeat to make (40) Unit 1's total.



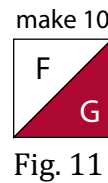
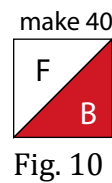
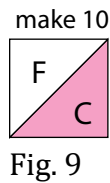
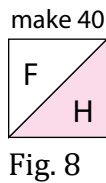
3. Sew (2) Fabric D triangles, (1) Fabric C triangle and (1) Fabric B triangle together to make (1) Unit 2 (Fig. 6). Repeat to make (40) Unit 2's.



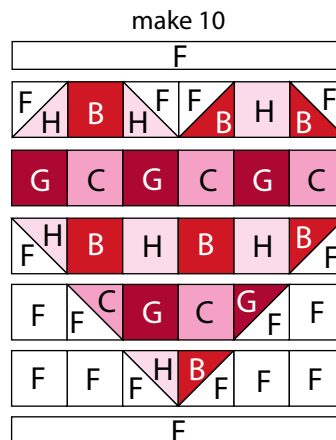
4. Sew (1) Unit 2 to each side of (1)  $4\frac{1}{2}$ " Fabric A square. Sew (1) Unit 1 to each side of (1) Unit 2. Repeat to make a second strip. Sew the strips to the top and to the bottom of the Fabric A square to make (1) Block One (Fig. 7). Repeat to make (10) Block Ones total. Pay attention to the orientation of the Units.



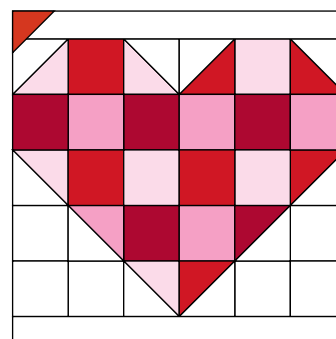
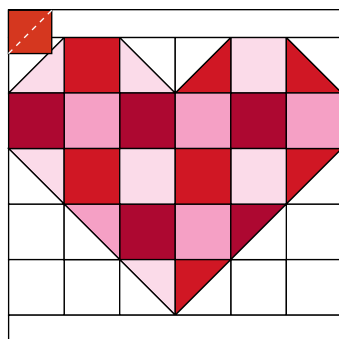
5. Repeat Step 1 using (20) 2 7/8" Fabric F squares and (20) 2 7/8" Fabric H squares to make (40) 2 1/2" FH units (Fig. 8).
6. Repeat Step 1 using (5) 2 7/8" Fabric F squares and (5) 2 7/8" Fabric C squares to make (10) 2 1/2" FC units (Fig. 9).
7. Repeat Step 1 using (20) 2 7/8" Fabric F squares and (20) 2 7/8" Fabric B squares to make (40) 2 1/2" FB units (Fig. 10).
8. Repeat Step 1 using (5) 2 7/8" Fabric F squares and (5) 2 7/8" Fabric G squares to make (10) 2 1/2" FG units (Fig. 11).



9. Follow Figure 12 and sew (4) FH units, (4) FB units, (1) FC unit, (1) FG unit, (3) 2 1/2" Fabric B squares, (3) 2 1/2" Fabric H squares, (4) 2 1/2" Fabric G squares, (4) 2 1/2" Fabric C squares and (6) 2 1/2" Fabric F squares together. Sew (1) 1 1/2" x 12 1/2" Fabric F strip to the top and to the bottom of the block to make (1) Heart block. Repeat to make (10) Heart blocks total.



10. Place (1) 2" Fabric G square on the top left corner of (1) Heart block, right sides together (Fig. 13). Sew across the diagonal of the smaller square from the upper right corner to the lower left corner (Fig. 13). Flip open the triangle formed and press (Fig. 14). Trim away the excess fabric from behind the triangle 1/4" away from the sewn seam.





11. Follow Figure 15 for the seam direction to add a 2" Fabric G square to each of the remaining corners of the Heart block to make (1) Block Two (Fig. 16).

12. Repeat Steps 10-11 to make (10) Block Twos total.

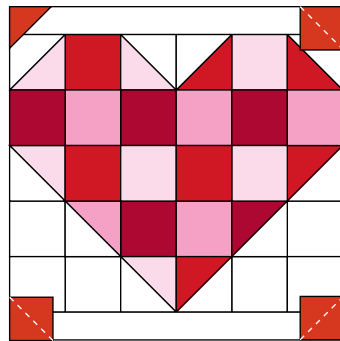


Fig. 15

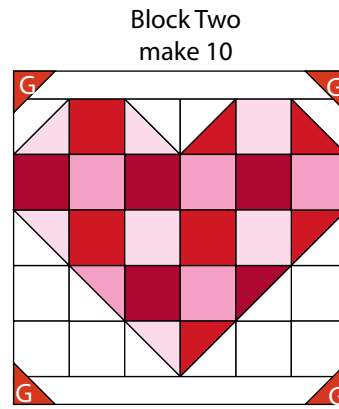


Fig. 16

## Quilt Top Assembly

*(Follow the Quilt Layout while assembling the quilt top.)*

13. Sew (1) Block One, (2) Block Twos and (1) Block One together, in that order, to make Row One. Repeat to make Row Five.

14. Sew (1) Block Two, (2) Block Ones and (1) Block Two together, in that order, to make Row Two. Repeat to make Rows Three and Four.

15. Sew the (5) rows together, in numerical order, to make the quilt top.

16. Sew (1) 1 ½" x 60 ½" Fabric C strip to each side of the quilt top. Sew (1) 1 ½" x 50 ½" Fabric C strip to the top and to the bottom of the quilt top.

17. Sew (1) 2 ½" x 62 ½" Fabric B strip to each side of the quilt top. Sew (1) 2 ½" x 54 ½" Fabric B strip to the top and to the bottom of the quilt top.

18. Sew (1) 5 ½" x 66 ½" Fabric I strip to each side of the quilt top. Sew (1) 5 ½" x 64 ½" Fabric I strip to the top and to the bottom of the quilt top.

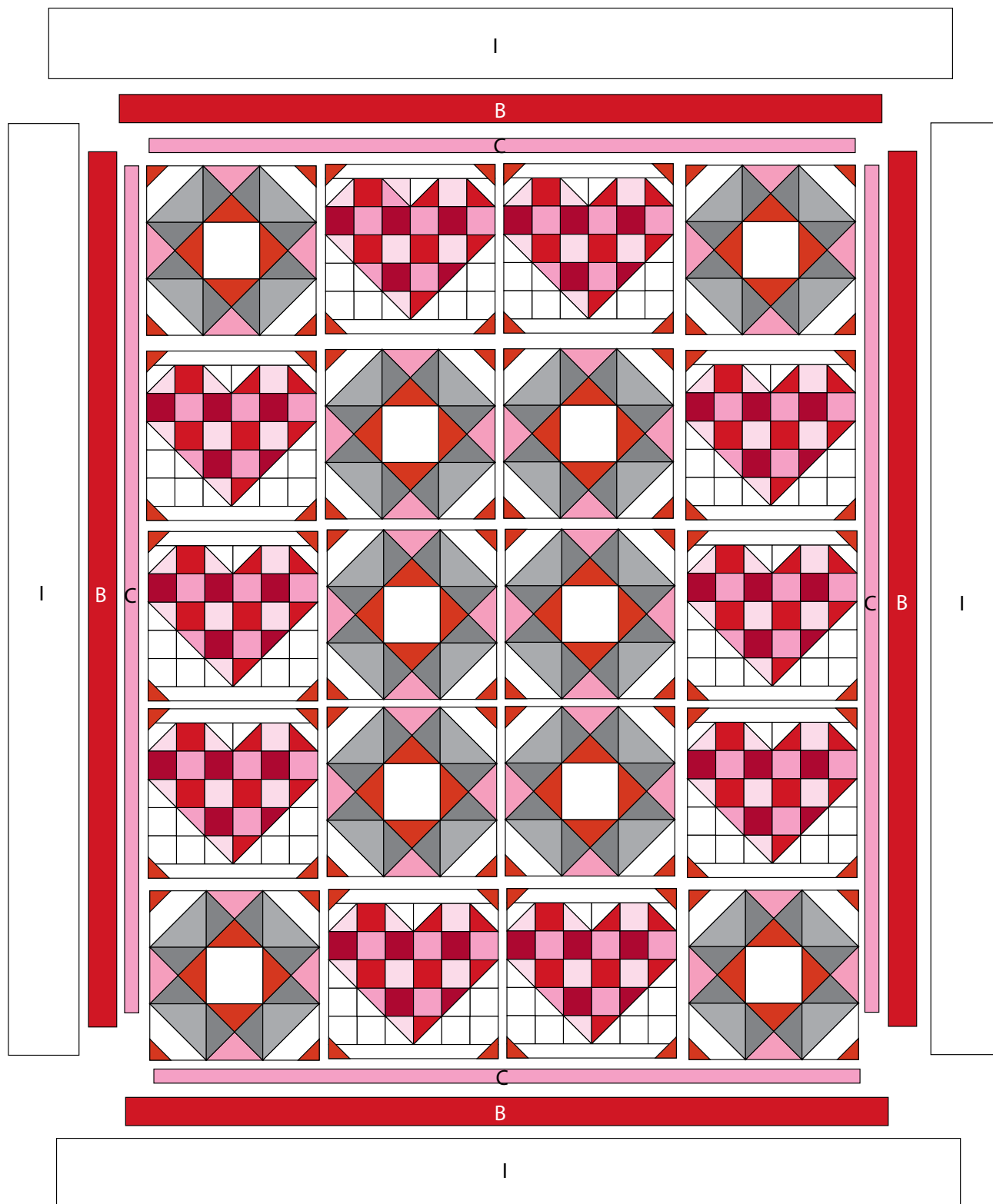
## Layering, Quilting and Finishing

19. Press the quilt top and 72" x 84" backing well. Layer backing (wrong side up), batting, pressed quilt top (right side up) and baste. Quilt as desired and trim excess batting and backing when quilting is complete.

## Binding

20. Cut the ends of the (7) Fabric B binding strips at a 45-degree angle and sew end to end to make (1) continuous piece of binding. Fold in half lengthwise and press wrong sides together.

21. Sew the binding to the front of the quilt, raw edges together. Turn the folded edge to the back, and hand stitch in place.



Quilt Layout

Every effort has been made to ensure that all projects are error free. All the information is presented in good faith, however no warranty can be given nor results guaranteed as we have no control over the execution of instructions. Therefore, we assume no responsibility for the use of this information or damages that may occur as a result. When errors are brought to our attention, we make every effort to correct and post a revision as soon as possible. Please make sure to check [www.studioefabrics.com](http://www.studioefabrics.com) for pattern updates prior to starting the project. We also recommend that you test the project prior to cutting for kits. Finally, all free projects are intended to remain free to you and are **not for resale**.